



## **The Twelve Questions of Marijuana Anonymous**

**The following questions may help you determine whether marijuana is a problem in your life.**

- 1) Has using marijuana stopped being fun?
- 2) Do you ever get high alone?
- 3) Is it hard for you to imagine a life without marijuana?
- 4) Do you find that your friends are determined by your marijuana use?
- 5) Do you use marijuana to avoid dealing with your problems or to cope with your feelings?
- 6) Has your marijuana use led to financial difficulties and/or legal consequences?
- 7) Does your marijuana use let you live in a privately defined world?
- 8) Have you ever failed to keep promises you made about cutting down or controlling your use of marijuana?
- 9) Has your use of marijuana caused problems with your health, memory, concentration, or motivation?
- 10) When your stash is nearly empty, do you feel anxious or worried about how to get more?
- 11) Do you plan your life around your marijuana use?
- 12) Have friends or relatives ever complained that your using is damaging your relationship with them?

***If you answered yes to any of the above questions,  
you may have a problem with marijuana.***